


# 2010 Formulary


(List of Covered Drugs)



**R<sup>x</sup>** Name \_\_\_\_\_  
Address \_\_\_\_\_ Date \_\_\_\_\_

 VIVA MEDICARE *PlusRx* (HMO)

MD \_\_\_\_\_  
Signature \_\_\_\_\_



**PLEASE READ:**

THIS DOCUMENT CONTAINS INFORMATION ABOUT THE DRUGS WE COVER IN THIS PLAN.

**Note to existing members:** This formulary has changed since last year.  
Please review this document to make sure that it still contains the drugs you take.

VIVA MEDICARE Plus

 VIVA MEDICARE *PlusRx* (HMO)

# 2010 Formulary

## **What is the VIVA MEDICARE Plus Rx Formulary?**

A formulary is a list of covered drugs selected by VIVA MEDICARE *Plus Rx* in consultation with a team of health care providers, which represents the prescription therapies believed to be a necessary part of a quality treatment program. VIVA MEDICARE *Plus Rx* will generally cover the drugs listed in our formulary as long as the drug is medically necessary, the prescription is filled at a VIVA MEDICARE *Plus Rx* network pharmacy, and other plan rules are followed. For more information on how to fill your prescriptions, please review your Evidence of Coverage.

## **Can the Formulary change?**

Generally, if you are taking a drug on our 2010 formulary that was covered at the beginning of the year, we will not discontinue or reduce coverage of the drug during the 2010 coverage year except when a new, less expensive generic drug becomes available or when new adverse information about the safety or effectiveness of a drug is released. Other types of formulary changes, such as removing a drug from our formulary, will not affect members who are currently taking the drug. It will remain available at the same cost-sharing for those members taking it for the remainder of the coverage year. We feel it is important that you have continued access for the remainder of the coverage year to the formulary drugs that were available when you chose our plan, except for cases in which you can save additional money or we can ensure your safety.

If we remove drugs from our formulary, add prior authorization, quantity limits and/or step therapy restrictions on a drug or move a drug to a higher cost-sharing tier, we must notify affected members of the

change at least 60 days before the change becomes effective, or at the time the member requests a refill of the drug, at which time the member will receive a 60-day supply of the drug. If the Food and Drug Administration deems a drug on our formulary to be unsafe or the drug's manufacturer removes the drug from the market, we will immediately remove the drug from our formulary and provide notice to members who take the drug. The enclosed formulary is current as of January 1, 2010. To get updated information about the drugs covered by VIVA MEDICARE *Plus Rx*, please visit our website at [www.vivamedicaremember.com](http://www.vivamedicaremember.com) or call Member Services at 1-800-633-1542, Monday –Friday from 8:00 am -8:00 pm. TTY/TDD users should call the Alabama Relay Service at 1-800-548-2546. Any mid-year non-maintenance formulary changes to this printed formulary will be mailed separately to you during the year from VIVA MEDICARE *Plus Rx*. Also, if we remove any drugs from the formulary mid-year, we will mail the list of those drugs to you separately.

## **How do I use the Formulary?**

There are two ways to find your drug within the formulary:

### **Medical Condition**

The formulary begins on page 7. The drugs in this formulary are grouped into categories depending on the type of medical conditions that they are used to treat. For example, drugs used to treat a heart condition are listed under the category, "Cardiovascular". If you know what your drug is used for, look for the category name in the list that begins on page 7. Then look under the category name for your drug.

## **Alphabetical Listing**

If you are not sure what category to look under, you should look for your drug in the Index that begins on page 48. The Index provides an alphabetical list of all of the drugs included in this document. Both brand name drugs and generic drugs are listed in the Index. Look in the Index and find your drug. Next to your drug, you will see the page number where you can find coverage information. Turn to the page listed in the Index and find the name of your drug in the first column of the list.

## **What are generic drugs?**

**VIVA MEDICARE *Plus Rx* covers both brand name drugs and generic drugs.** A generic drug is approved by the FDA as having the same active ingredient as the brand name drug. Generally, generic drugs cost less than brand name drugs.

## **Are there any other restrictions on coverage?**

Some covered drugs may have additional requirements or limits on coverage. These requirements and limits may include:

- **Prior Authorization:** VIVA MEDICARE *Plus Rx* requires you or your physician to get prior authorization for certain drugs. This means that you will need to get approval from VIVA MEDICARE *Plus Rx* before you fill your prescriptions. If you don't get approval, VIVA MEDICARE *Plus Rx* may not cover the drug.
- **Quantity Limits:** For certain drugs, VIVA MEDICARE *Plus Rx* limits the amount of the drug that VIVA MEDICARE *Plus Rx* will cover. For example, VIVA MEDICARE *Plus Rx* provides 9 tablets per prescription for Imitrex. This may be in addition to a standard one month or three month supply.

- **Step Therapy:** In some cases, VIVA MEDICARE *Plus Rx* requires you to first try certain drugs to treat your medical condition before we will cover another drug for that condition. For example, if Drug A and Drug B both treat your medical condition, VIVA MEDICARE *Plus Rx* may not cover Drug B unless you try Drug A first. If Drug A does not work for you, VIVA MEDICARE *Plus Rx* will then cover Drug B.

You can find out if your drug has any additional requirements or limits by looking in the formulary that begins on page 7. You can also get more information about the restrictions applied to specific covered drugs by visiting our website at [www.vivamedicaremember.com](http://www.vivamedicaremember.com)

You can ask VIVA MEDICARE *Plus Rx* to make an exception to these restrictions or limits. See the section, "How do I request an exception to the VIVA MEDICARE *Plus Rx* Formulary?" on page 4 for information about how to request an exception.

## **What if my drug is not on the Formulary?**

If your drug is not included in this formulary, you should first contact Member Services and confirm that your drug is not covered. If you learn that VIVA MEDICARE *Plus Rx* does not cover your drug, you have two options:

- You can ask Member Services for a list of similar drugs that are covered by VIVA MEDICARE *Plus Rx*. When you receive the list, show it to your doctor and ask him or her to prescribe a similar drug that is covered by VIVA MEDICARE *Plus Rx*.
- You can ask VIVA MEDICARE *Plus Rx* to make an exception and cover your drug. See below for information about how to request an exception.

## How do I request an exception to the VIVA MEDICARE *Plus Rx* Formulary?

You can ask VIVA MEDICARE *Plus Rx* to make an exception to our coverage rules. There are several types of exceptions that you can ask us to make.

- You can ask us to cover your drug even if it is not on our formulary.
- You can ask us to waive coverage restrictions or limits on your drug. For example, for certain drugs, VIVA MEDICARE *Plus Rx* limits the amount of the drug that we will cover. If your drug has a quantity limit, you can ask us to waive the limit and cover more.
- You can ask us to provide a higher level of coverage for your drug. If your drug is contained in our non-preferred brand tier (Tier 3), you can ask us to cover it at the cost-sharing amount that applies to drugs in the preferred brand tier (Tier 2) instead. This would lower the amount you must pay for your drug. Please note, if we grant your request to cover a drug that is not on our formulary, you may not ask us to provide a higher level of coverage for the drug. Also, you may not ask us to provide a higher level of coverage for drugs that are in the specialty tier (Tier 4).

Generally, VIVA MEDICARE *Plus Rx* will only approve your request for an exception if the alternative drugs included on the plan's formulary, the lower-tiered drug or additional utilization restrictions would not be as effective in treating your condition and/or would cause you to have adverse medical effects.

You should contact us to ask us for an initial coverage decision for a formulary, tiering or utilization restriction exception. When you are requesting a formulary, tiering or utilization restriction exception you should submit a statement from your physician supporting your request. Generally, we must make our decision within 72 hours of getting your prescribing physician's supporting statement. You can request an expedited (fast) exception if you or your doctor believe that your health could be seriously harmed by waiting up to 72 hours for a decision. If your request to expedite is granted, we must give you a decision no later than 24 hours after we get your prescribing physician's supporting statement.

## What do I do before I can talk to my doctor about changing my drugs or requesting an exception?

As a new or continuing member in our plan you may be taking drugs that are not on our formulary. Or, you may be taking a drug that is on our formulary but your ability to get it is limited. For example, you may need a prior authorization from us before you can fill your prescription. You should talk to your doctor to decide if you should switch to an appropriate drug that we cover or request a formulary exception so that we will cover the drug you take. While you talk to your doctor to determine the right course of action for you, we may cover your drug in certain cases during the first 90 days you are a member of our plan.

For each of your drugs that is not on our formulary or if your ability to get your drugs is limited, we will cover a temporary 31-day supply (unless you have a prescription

written for fewer days) when you go to a network pharmacy. After your first 31-day supply, we will not pay for these drugs, even if you have been a member of the plan less than 90 days.

If you are a resident of a long-term care facility, we will cover a temporary 31-day transition supply (unless you have a prescription written for fewer days). We will cover more than one refill of these drugs for the first 90 days you are a member of our plan. If you need a drug that is not on our formulary or if your ability to get your drugs is limited, but you are past the first 90 days of membership in our plan, we will cover a 31-day emergency supply of that drug (unless you have a prescription for fewer days) while you pursue a formulary exception.

### **For more information**

For more detailed information about your VIVA MEDICARE *Plus Rx* prescription drug coverage, please review your Evidence of Coverage and other plan materials.

If you have questions about VIVA MEDICARE *Plus Rx*, please call Member Services at 1-800-633-1542, Monday – Friday from 8:00 am - 8:00 pm. TTY/TDD users should call the Alabama Relay Service at 1-800-548-2546. Or visit [www.vivamedicaremember.com](http://www.vivamedicaremember.com).

If you have general questions about Medicare prescription drug coverage, please call Medicare at 1-800-MEDICARE (1-800-633-4227) 24 hours a day/7 days a week. TTY/TDD users should call 1-877-486-2048. Or, visit [www.medicare.gov](http://www.medicare.gov).

## **VIVA MEDICARE *Plus Rx* Formulary**

The formulary that begins on page 7 provides coverage information about some of the drugs covered by VIVA MEDICARE *Plus Rx*. If you have trouble finding your drug in the list, turn to the Index that begins on page 48.

The first column of the chart lists the drug name. Brand name drugs are capitalized (e.g., CELEBREX) and generic drugs are listed in lower-case italics (e.g., *lidocaine*). The information in the Notes column tells you if VIVA MEDICARE *Plus Rx* has any special requirements for coverage of your drug. “PA” means the drug requires Prior Authorization, “QL” means there is a quantity limit on the drug, “LA” means the drug has limited access and can only be dispensed by designated pharmacies, and “ST” means the drug is subject to Step Therapy so you must try certain other drugs before the drug will be covered. “B/D” means a determination must be made as to whether the drug is covered under the Medicare Part B benefit or Medicare Part D benefit.